Grilled Vegetables

Prepared portions can be left in the freezer for a month



Small Pan | Contains Dairy

INGREDIENTS

- 120g Green Beans
- 40g Red Pepper Sliced
- 40g Carrots Juliene (use machine for zucchini)
- 10ml Whirl Butter
- 5g Fish Spice

METHOD

1. Add all vegetables on the grill
2. Add the whirl butter
3. Cook the vegetables under softened
4. Add fish spice

EQUIPMENT

Flat top grill
Spatula

NOTES

- Prepared portions can be left in the freezer for a month