



Meze Platter

Plating: Platter for 2 Pan; 4 Small Ramakins



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Contains Shellfish - Dairy

INGREDIENTS

- 30ml Tzatziki
- 30ml Tarama
- 50g Olives
- 40g Feta (cubed)
- 100g Tomato Wedges
- 120g Cucumber Strips
- 100g Calamari Tubes
- 110g Calamari Heads
- 120g Halloumi Cheese (4 pcs)
- 2g Oregano

GARNISH

- 1 lemon wedge
- 1 olive for garnish
- 1 cucumber slice for garnish

METHOD

- 1 Deep fry or grill the calamari tubes and heads, as per guests' choice.
- 2 Deep fry or grill the halloumi, as per guests' choice.
- 3 Place the tzatziki, tarama, olives and feta into sauce bowls and place them on a Platter for 2.
- 4 Garnish the tzatziki with the cucumber slice, and the tarama with the olive.
- 5 Arrange the tomato wedges and the cucumber strips on the platter.
- 6 Sprinkle the oregano over the tomato wedges and cucumber strips.
- 7 Place the calamari tubes, calamari heads and halloumi on the platter.
- 8 Add the lemon wedge.

EQUIPMENT

-  Flat Top Grill
-  Deep Fryer
-  Spatula
-  Knife
-  Spoon



Food safety

From the SOP - what the kitchen must not skip on this dish.

OTHER FRESH PRODUCE ADDED

SOP 9 - Food Book

stir fry ingredients: green beans, cabbage, red peppers med veg ingredients: butternut creamed spinach: spinach mashed pumpkin: pumpkin or butternut pre-cooked baby beetroot tender stem broccoli WHAT TO LOOK OUT FOR WHEN WE TALK ABOUT RIPE PRODUCE Tomatoes: the first way to tell if your tomato is ripe is to check if the skin has turned from a dull, matte surface to one that is glossy and slightly shiny. Next, check the color, which should be fairly deep red. Your ripe tomato will give slightly to the touch. It shouldn't be soft but rather a little tender, tomatoes ripen from the inside out. Tomatoes that are not ripe will feel hard to the touch. A ripe tomato gives off a lovely fragrance as well. If you receive under ripe tomatoes they should be stored in the dry store in a crate to ripen before using. You would need a rotation system to facilitate this....



ON THE PASS

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Method and video links are on page 1.