Platter for 2

Do not put sauce over Cajun or fried If only vegetable side add 2 portions



Platter for 2 | Contains Shellfish - Molluscs - Fish - Dairy

INGREDIENTS

- 220g calamari - grilled, fried or
- Cajun
- 110g calamari heads - grilled, fried or Cajun
- 200g platter fish (hake) - grilled, fried or Cajun
- 12 prince prawns (butterflied) - grilled or Cajun
- 6 mussels
- 100ml creamy garlic sauce
- 400g Side
- 120ml creamy lemon sauce

METHOD

1. Grill, fry or Cajun the platter fish.
2. Grill or Cajun the prawns.
3. Grill, fry or Cajun the calamari and the calamari heads.
4. Place mussels in the platter and cover with lemon garlic sauce
5. Place the fish, prawns, calamari, mussels and 400g side on a Platter for 2.
6. Ladle over the creamy lemon sauce over the fish, prawns and calamari. Do not put sauce over Cajun food.
7. Garnish with a lemon wedge.

GARNISH

- 2 lemon wedges

EQUIPMENT

- Flat top grill
- Spatula
- Deep Fryer
- Bain Marie

NOTES

- Do not put sauce over Cajun or fried
- If only vegetable side add 2 portions