# Sweet Pomegranate

Ensure the pomegranate is cleaned properly . Shelf life 3 days in the fridge



Large Sushi Bowl | Contains Dairy - Nuts - Sulphites

## INGREDIENTS

- 30g Baby Rocket Leaves
- 50g Lettuce Leaves
- 70g Cherry Tomatoes
- 10g Almond Flakes
- 40g Feta Cheese
- 15g Pomegranate
- 40ml Dressing
- 250g Balsamic vinegar
- 250ml Olive oil
- 160g Apple pomegranate puree
- Add all ingredients in blender and blend it

## METHOD

1. Cut lettuce in thin slices and mix it with baby rocket leaves
2. Add the dressing on the leaves and then add cherry tomatoes, feta, pomegranate and almond flakes on top of the salad

## EQUIPMENT

Chopping Board
Vegetable Knife
Cheese Knife

## NOTES

- Ensure the pomegranate is cleaned properly . Shelf life 3 days in the fridge