# Pan O' Prawns

Kids prawns with chips, rice and tomato sauce.



Small Pan with sauce bowl.

Contains Shellfish

## INGREDIENTS

- 5 Prince prawns
- 2g Spicemate
- 10ml Vegetable oil
- 50g Chips
- 50g Rice
- 25ml Tomato sauce

## METHOD

1. Place the prawns on the grill, pre-spiced flesh side down, and grill until golden brown.
2. Plate the rice, chips and prawns.
3. Place the Tomato sauce in a sauce bowl in a large pan.

## GARNISH

- 1 Lemon wedge

## EQUIPMENT

- Skimmer
- Deep Fryer
- Flat top grill
- Spatula

## WATCH THE METHOD

How to clean prawns https://www.youtube.com/watch?v=xu-BEWmemkI