Vegetable Ribbons

Carrot and zucchini ribbons for burger and sushi use.



INGREDIENTS

- 1kg Zucchini
- 1kg Carrots

METHOD

1. Wash the carrots well and peel them.
2. Using your Julienne peeler, make thin strips from the carrots. Discard the ends.
3. Wash the zucchini.
4. Using your Julienne peeler, make thin strips from the zucchini.
5. Mix the carrots and the zucchini together and store in a sealable container.
6. Label and date and store in the refrigerator.
7. Use as needed.

EQUIPMENT

- Chopping board
- Scale
- Vegetable knife
- Julienne Peeler
- Sealable container

WATCH THE METHOD

Vegetable Ribbons https://www.youtube.com/watch?v=uICZghB_078